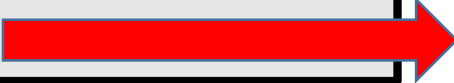


This document is to help you get to grips with posting on our members only forum pages which look like this



You will need to be logged into our website to reach this page. You will be prompted to ask for a new password if needed.

There are two ways to reach our forum page. Easiest is to select or click on this link:



[Members only Discussion Forum](#)

Coronavirus Support Zone: A Picture Paints a Thousand Words

To add an item, select one of the four headings under this banner, select "Create Topic" and follow the instructions. To view a Post, select or click on the item. There is a reply facility if you want to add a comment. There is also a subscribe facility if you wish to be notified of any additional posts.

Keeping Myself Occupied **Anything Goes**

Reports of Wildlife Spotted **Picture Parodies**

Summaries

Wildlife Spotted	Keeping Myself Occupied	Picture Parodies	Anything Goes
<ul style="list-style-type: none">▶ Dippers 23 Apr 2020 8:57 AM • Julia Kay▶ Bullfinch 22 Apr 2020 2:38 PM • Julia Kay	<ul style="list-style-type: none">▶ Lace and scrubs 20 Apr 2020 2:02 PM • Christine Gibson▶ Family History Research	<ul style="list-style-type: none">▶ #GettyMuseumChallenge 22 Apr 2020 11:24 AM • Helen Stevens▶ The Arts (Painting and Drawing) 20 Apr 2020 9:15 PM •	<ul style="list-style-type: none">▶ For lovers of the Bard of Ayrshire 18 Apr 2020 11:35 AM • Eric Craigie▶ What have you done today?!!!!

Alternatively, login and choose the News Section (1) then Member only Discussion Forum (2)

ILKLEY & DISTRICT U3A

1

Your name

[Change password](#) [Log out](#)

[Home](#) | [Join Us](#) | [Groups](#) | [Events](#) | [News](#) | [Members](#) | [Search](#) | [Paul Dobbin Test](#)

News and Publications

Please select from the options below.

(Note: Group of the Month has been suspended until later in the year)

[Coronavirus Support Zone](#)

2 [Member only Discussion Forum](#)

[Local Support](#)

[Group Inspiration](#)

[Life as we know it](#)

[Communicating Without Email](#)

[Making Good Use of Spare Time](#)

[A Picture is Worth a Thousand Words](#)

[Quirky Humour](#)

[Quiz Page](#)

[News Flash](#)

[Group News](#)

[The EYE Newsletter](#)

When you reach the forum page, select your chosen section from the top list (1)

This page will open (2)

Select create topic to post on the forum (3)

1

2

Select subscribe to forum to receive a daily email to advise if anyone has replied to your post (4)

Coronavirus Support Zone: A Picture Paints a Thousand Words

To add an item, select one of the four headings under this banner, select "Create Topic" and follow the instructions. To view a Post, select or click on the item. There is a reply facility if you want to add a comment. There is also a subscribe facility if you wish to be notified of any additional posts.

Reports of Wildlife Spotted	Keeping Myself Occupied	Picture Parodies	Anything Goes
-----------------------------	-------------------------	------------------	---------------

Summaries

Wildlife Spotted ▶ Dippers 23 Apr 2020 8:57 AM • Julia Kay ▶ Bullfinch 22 Apr 2020 2:38 PM • Julia Kay	Keeping Myself Occupied ▶ Lace and scrubs 20 Apr 2020 2:02 PM • Christine Gibson ▶ Family History Research	Picture Parodies ▶ #GettyMuseumChallenge 22 Apr 2020 11:24 AM • Helen Stevens ▶ The Arts (Painting and Drawing) 20 Apr 2020 9:15 PM •	Anything Goes ▶ For lovers of the Bard of Ayrshire 18 Apr 2020 11:35 AM • Eric Craigie ▶ What have you done today?!!!!
---	--	---	--

Every Picture Paints a Thousand Words Wildlife Forum

This forum shows wildlife pictures taken during the coronavirus pandemic.

Create topic

✓ Subscribed (Unsubscribe)

3

4

Topic	Last message	Replies
Dippers	23 Apr 2020 8:57 AM Julia Kay	1
Bullfinch	22 Apr 2020 2:38 PM Julia Kay	—
Ducklings arrive in our back garden	21 Apr 2020 4:45 PM Barbara Maynard	1

This is where you create and post your topic for the forum

Author John Hancock

* Subject

1

Enter your subject. Think “newspaper headline” to catch attention (1)

* Body

Rich text editor with toolbar (bold, italic, underline, text color, background color, link, unlink, list, indent, outdent, undo, redo) and a large text area.

Some explanation and commentary here (2)
You can also link to other websites / YouTube etc.

2

Add pictures from your device here (3).

NB. Use the select files facility. Copy & paste will not work

3

Attachments

You can upload up to 20 files. Each file should be less than 20 MB.

Select or click on the create button to post your item (4)

Create

Cancel

4

Worth checking on the main forum page to review your posting. There is an edit facility if required!

5