

### **Ilkley's got heart – prepare to save a life**

This was the lead story in last week's Gazette. Many of us did some basic First Aid training in the past. This on-line course gives the chance to update knowledge and increase confidence should something arise where our help may be needed.

This campaign aims to get 1,000 Ilkley & District residents to take the course. Read this press release for more information: [Ilkleys-Got-Heart Press Release.pdf](#)

The course can be done in short 10-minute sections – covering a primary survey of the casualty, CPR, bleeding, choking and stroke. It takes on average less than an hour to complete. Use this link and [Register here for online course](#)

### **Electric Cars in Ilkley**

How practical is it to be an electric car owner in Ilkley? What are the councils' plans to support electric car use? Could an electric car club be a good alternative? Are electric cars the answer to personal mobility?

So far nearly 60 U3A members have indicated they would like to attend this event at Clarke Foley, **7:15 pm Wednesday 13th November**. To read more about the event and register your attendance, select this link [Electric Cars in Ilkley](#)

### **Help local students document changing times**

Clarke Foley will have 3 students from Ilkley Grammar School on placement as part of their Health & Social Care studies. They will have a project to document a social history about changing times, comparing life for young people today with previous generations. If you would like to be involved, select this link for further information: [Clarke Foley Grammar School Project.pdf](#)

### **School exercise notebook found**

Includes notes from Geology, Voyagers, Art Appreciation, Architecture Appreciation and Charles Darwin. All efforts to trace the owner have failed. Last chance to claim,. Use this link to [>> email Bruce Speed <<](#)

### **Regional Support Volunteer required**

A request for support from the Yorkshire & Humber Regional U3A. Select this link: [2019 Regional Support Volunteer.pdf](#)

### **Keeping U3A records up to date**

Use this link to visit our website [>> Ilkley U3A <<](#) Log in and select your name at the top of the page to be taken to "My Profile". Choose "edit" and scroll down to check we have your latest address, email and 'phone contacts. If you amend the record save any changes before leaving the page.

## Group updates

**Rock & Roll Group:** The group has proved very popular and has enough musicians for now but we'd be pleased to see dancers at our next meeting at Ilkley Taps. Use this link to [>> email John Mitchell <<](#) for more information about dancing.

**Chess Circle:** Neil Stevens is proposing to start an informal Chess Circle for players of all abilities. There are occasional group meetings but usually members contact other members on a one to one basis when they would like a game of chess. To enquire about or join the group use this link to [>> email Neil Stevens <<](#)

**History of Ilkley and Peace groups:** Both these groups take place on Mondays and re-start on 6th January. Peace group from 10 until 12 noon and History of Ilkley from 2 until 4pm. The groups will run every week for 6 weeks. For further details use this link to [>> email Richard Thackrah <<](#)

**Cooking to Inspire - places available:** For those who haven't done the course before. Anyone interested should contact Hilary Barrett on 01943 609316 or use this link to [>> email Hilary Barrett <<](#) Dates are: Oct. 31<sup>st</sup>, Nov.14<sup>th</sup>,28<sup>th</sup>, Dec.12<sup>th</sup>, Jan 9<sup>th</sup> & 23<sup>rd</sup> (10-30am – 12-30).

**Table tennis at Silsden** 10:30 to 12 noon on Wednesdays at Woodhead's Gym. To enquire about or join the group, select here to [>> Email Mary Podesta <<](#).

## Forthcoming events

**1. Electric cars in Ilkley:** Clarke Foley, **7:15 pm Wednesday 13th November.** Select this link [Electric Cars in Ilkley](#) to read more about the event and register your attendance.

**2. The AGM is Saturday 16th November. New venue: All Saints Church.** Select this link [Ilkley U3A AGM](#) to register your attendance.

**Messages for News Flash, please use this link to email Mike & John**

[>> Editor News Flash <<](#)

**Cheers, John & Mike**

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