

[Ilkley U3A annual photographic exhibition](#)

This is normally held at the Manor House in May but in these extraordinary times our three photographic groups have displayed over 80 images on our website. Listen to an interview with the organiser and view the four picture galleries **[by selecting here.](#)**

Non U3A members may also visit the stunning images on display, so invite your family and friends to view our four online galleries and then vote for their favourite. They should use our new website address **Ilkleyu3a.org** and follow the links to the gallery pages. The exhibition runs until end of May.

[Memories of V E Day 8th May 1945](#)

Select the link above to read the recollections of Pam Rae, one of our founder members. If you have memories to share, get in touch by replying to this News Flash. We'll be delighted to hear from you.

[Being social during lockdown](#)

None of us are going on holiday, visiting friends or looking after grandchildren anytime soon. So, for many, active engagement with U3A groups is a link with normality and helps keep up our interests. Email has a part to play but it's the social interaction that many of us will be missing.

So, hats off to those groups using video and telephone conferencing to maintain social interaction. **[Read here](#)** how Singing for Pleasure and the Aviation Groups have used Zoom video conferencing to host meetings over the internet. **[Use this link for a short video](#)** which explains how to get started with Zoom.

For help to set up a telephone or video conference or to join one as a participant, reply to this News Flash and ask for someone to talk you through the process. Zoom is ideal for giving presentations, having a discussion, practicing your language skills or just for a bit of socialising. A phone conference means we can chat in our PJ's!

[Use this link to visit our discussion forums](#)

Over 20 members have added posts and more than 200 members have viewed some great contributions including re-creations of famous pictures from Helen in Picture Parodies and wildlife reports from several other members.

Use the 'Anything goes' section to start a conversation about anything U3A related and see if anyone shares your views. Or do something similar to Brian Ormondroyd. He asks for help in identifying a roadside plaque. The V may stand for Victoria but it's a mystery! The link above is for the whole of U3A but Northern Towns, Book Review and Environment Forum are using similar forums for their members.

For guidance on how to post on the discussion forums [click or select here.](#)

[Select here to reach Life as we Know it:](#) More contributions have been added including a YouTube video of a virtual choir that includes U3A members David and Geraldine Howarth and a short film of Ilkley in lockdown using drone technology.

[Use this link to visit Making Good Use of Spare Time:](#) Lostwithiel U3A got in touch through our Facebook page and gave us some really useful links. There is also a link to home exercises provided exclusively for U3A by Mr Motivator.

[BBC Bitesize](#) is a new website with lessons for stay at home children. It may also be of interest to stay at home members of the U3A. Select the link, choose a subject of interest and let us know what you think.

[Select here for the Quiz page:](#) This includes rounds 4 to 8 of the cancelled WestNet quiz, one from the Dales National Park and a mathematical quiz set by U3A HQ.

It's the start of a new month so time for a new [Green Tip of the Month](#). This is an eye-opening article about peat free gardening.

A new [Just for Fun](#) feature challenges you to identify the eyes in an art quiz. Thanks to Anne Eaton and Bill Jones for the videos which help set the scene.

An update on Sewing for Scrubs

Thanks to our social media platforms, the story was picked up by the Third Age Trust. [Select this link to read the article on their website.](#) The sewing team are also coordinating the creation of bunting to celebrate V E Day in Ilkley. Read how you can help by selecting this link: [Bunting for VE Day.pdf](#)

Q. What is a cat's favourite colour?

A. Purr-ple.

Q. What do you get when you cross a tiger with a kangaroo?

A. A stripy jumper.

Q. What do you call a cat who just ate a duck?

A. A duck filled platy puss.

Keep safe

John & Christine

PS. A message from Ruth Richards, Manager of the Clarke Foley Centre

Clarke Foley relies heavily on the income from the café and room hire, which does more than pay for our running costs. It also means that we can run our own activities at a subsidised cost making them accessible and available to as many people as possible. [To see Ruth explain more about the appeal select this link.](#)

Without this income the charity is now more reliant on donations than ever before.

If you have a family member or friend who is missing their second home at Clarke Foley, you will know how important it is to keep afloat financially so it's here when people are out and about in the community again.

[Select this link to find out more and make a donation if possible.](#)

PS. One of the GP surgeries in Ilkley **[has posted this video](#)** to explain how they can still help patients during lockdown. The information should be consistent across all GP surgeries so worth a look

Finally, We have changed the name of Coronavirus Support Zone on the website to Lockdown Support Zone. Seems more appropriate somehow!!