

[Select here to read a message from our chair, Angie Grain.](#)

Subscription and Summer Programme updates

Please help the membership secretary by renewing your annual subscription online as soon as possible. [Login to the website](#), select your name at the top of the page and follow the prompts.

While on the website, read how the Summer Programme during July and August will be different this year. Events will be held via Zoom video conferencing. Bookings for events open in a couple of weeks.

Just this afternoon, the Summer Programme team had a meeting with Sheffield U3A who have been running presentations via Zoom video conference for the past two months. They started off with audiences around 100 and now regularly attract 200 participants. Apparently once members use Zoom for U3A, many quickly found it is invaluable to keep in touch with family and friends. We are all learning to adapt !

Summer Programme: Lockdown Life Snaps

We would like everyone to send in one photograph which shows a moment of their personal experience of lockdown. We will display all the images on our website to give a fantastic snap shot of our lives during this momentous period. You can take the photo on any kind of camera or mobile device. [Email Mary Podesta](#) and attach your photo with a ten-word (or less) explanation of the story behind your photograph.

Report on the U3A photographic exhibition

Over 700 individuals visited the exhibition during May and voted for their favourite image. [Select here to read more about the event](#) and to see which photograph was voted the favourite.

[Use this link to visit our discussion forums](#)

This feature of the website looks set to continue beyond lockdown so please let us have your suggestions for relevant subject headings. The video of rescuing ducklings from a drain submitted by Bruce Chalmers is really heart-warming. Box of tissues required! For guidance on how to post on the forum [click or select here](#).

[Select here to visit Lockdown Humour page](#)

Quite a few additions in the past few weeks including one from the New Zealand Police on how not run a Zoom meeting (thanks Marten Koopmans) and an irresistible cat video from Eric Craigie.

It's worth scrolling down all the lockdown pages to see content from previous weeks. They are starting to provide a timeline of life throughout the pandemic.

[Lockdown Quiz Page](#)

Here you will find a film quiz set by Mike Johnson, an art quiz from Angie Grain and a set of questions with a Northern Towns theme that the NT group used on a telephone quiz. Congratulations to Pat Earle who was the winner.

[Select here to read an update from Ilkley Scrubs Sewing Team](#) who continue to find new projects requiring our support.

[Select here to see two very different member videos during lockdown](#)

The U3A Swinging 60's group give a humorous take on Sunny Afternoon by the Kinks. And John Rhodes continues to sort through his vast collection of digital photographs.

[Necessity is the mother of invention](#)

Select the link above to see two wonderful examples of this arising from the pandemic. Thanks to Bruce Chalmers and Steve Crossley-Smith for sending details.

Online Chess

Two members have been playing each other via [chess.com](#). There are no time limits for the games so there's no pressure. It's free to use so, if you would like to join in, send an email to neil@nebstone.co.uk who will send you further details.

Involving members without internet

With so many groups now using video and email to keep in touch, it's easy to forget those members not on line or who don't have the confidence to try new ways of communicating.

If you know someone in this situation, we can email you a copy of News Flash to print off for them. Just ask. [Use this link to access a short version of the national newsletter](#) that is also easy to print.

[Select this link to read Green Tip of the Month](#) All about hedgehogs.

Three groups continue to share their creative talents. Select the following links: [Art-for-Fun](#) [Craft-Workshop](#) and [Drawing-Group](#).

A new [Just for Fun](#) challenges you to name that bird.

Q. What have Alexander the Great and Winnie the Pooh got in common?

A. They both have the same second name!

Q. What do you get when you cross a bear with a harp?

A. A bear faced lyre.

Q. What's a teddy bear's favourite pasta?

A. Tagliatddy

[Continued on next page](#)

Keep safe

John & Christine

PS. I know many of you have enjoyed watching the virtual choir which features U3A members David and Geraldine Howarth on our ['Life as we know it'](#) page. Here is their latest offering with a Yorkshire theme.

Enjoy: <https://youtu.be/fHjuP4RHXSg>

For those who like nostalgia, Jean Smith [shares this video](#).

To find out more about Zoom video conferencing, this is a useful link: [Zoom help articles and video](#). It is free to join in a meeting. It is free to start your own one to one conversation. It is free to have a family meeting with up to 100 people for 40 minutes. If you want a practice session, just reply to this News Flash.

If you run a group want want to run meetings for longer than 40 minutes, the monthly cost as quoted in the last News Flash excluded VAT so the amount from U3A funds is actually £14.39.