

u3a news flash

Slowly getting back to normal

If it's allowed by COVID guidance, we will run a drop-in session at Clarke Foley from 10:30 am to 12 noon on **Friday 21st May**. It's an opportunity to meet one or two trustees and ask questions informally over a cup of tea or coffee.

We also plan to run a **summer programme of events during July** providing a much-missed opportunity for u3a socialising. If you have a talk to give or a visit you can arrange, the summer programme team will be very pleased to hear from you. They can give support by arranging venues, sorting out technology and managing the booking arrangements etc.

Please email summerprogramme@ilkleyu3a.org with any thoughts and suggestions as soon as possible but no later than Friday 23rd April.

Group News

Ilkley Flat Green Lawn Bowls restarts on 3rd May 2021. [Select here for details](#). Email petermkierman@hotmail.com by 7pm on Wednesday 28 April to express an interest..

If there's a topic or interest you would like to pursue, we really want to hear from you. Just reply to this News Flash.

[Our website has a new look](#)

Select the above link to see the new heading which is also on our social media accounts and will soon be on leaflets and other printed material.

[Exploring the news menu on our website](#)

Select the above link and you'll discover this area is more than just news. We've struggled to find a snappy name for it so any suggestions are welcome. Here are a few examples from the menu that might be of interest:

- [Group Updates](#) A space for your group on our website. The latest addition is from the Architecture Group which has added this video of a presentation on [Lincoln Cathedral](#).
- [Member Memories](#) A fascinating family history has just been added by Anne Knight. Email your story to memories@ilkleyu3a.org.
- [Quirky Humour](#) With more content to lighten the mood. Thanks to the regular contributors.
- [Ilkley Archive Scrapbook](#) turns another few pages. We now reach 1971

- [Zoom Talk Recordings](#). Log in to see over 50 talks and events recorded since the programme started almost 12 months ago.

Do you know someone who likes railways?

Please invite them to join our u3a presentation at **3:30 pm Thursday 6th May** when members of the B 17 Steam Locomotive Trust will be talking about their ambition to build a 1930s locomotive from scratch. [Select here](#) to join the meeting yourself and to ask for up to five additional places. Or ask your friends to email talksgroup@ilkleyu3a.org to receive the Zoom links direct.

Do you want to improve your use of Word and Excel?

David Andrews from Barnsley u3a is repeating this course from May to July. Ilkley u3a members are invited. If interested, email david.andrews.it@btinternet.com.

We had 3 from Ilkley on his first course and it comes highly recommended.

Forthcoming talks and events

There is quite a lot going on including a new member meeting on Thursday 29th April and an informal coffee morning chat the following day. [Select here to view more information and to book](#). Here is a list of the next few talks:

10:30 am Tuesday 20th April: Iceland Then and Now by long standing member, Pam Harris. Includes pictures of a young woman who many will recognise!

3:30 pm Wednesday 21st April: The second part of the fascinating explanation of the US Constitution. This is your chance to understand the background to the process to elect the President. Only 4 years away!

10:30 am Thursday 22nd April: Happy Ever After presented by Catherine Stevenson of Newcastle u3a. A reprise of a talk recommended by a u3a member.

10:30 am Tuesday 27th April: Watching Bumblebees by Maurice White of Craven u3a. A reprise of an acclaimed talk recently given to our friends in Skipton.

10:30 am Thursday 29th April: Looking after Your Wellbeing. Nurses from our local community and mental health trust share advice about keeping active, reducing the risk of falling and techniques for minimising the impact of the worries you may have been prey to over the last year.

[Select here](#) to see further offerings from the central body of u3a (The Third Age Trust). They have also partnered with Barclays Banks to provide training to get the best from your internet connection (safely!) [Details on this link](#).

Thanks to Elizabeth Bennett, John Follows and Denise Marsden for these axioms:

- A lawyer is someone who has a problem to every solution.
- To be old & wise, first you have to be young and foolish.
- Problems with glasses and a face mask are only too real for spec wearers: **You can't be optimistic with a misty optic!**

Stay safe

John & Christine

[Email NewsFlash@ilkleyu3a.org](mailto:EmailNewsFlash@ilkleyu3a.org)

PS. A request from our friends at Ilkley Manor House

If any readers have photographs that capture Ilkley in lockdown, the Manor House would be delighted to receive them for a forthcoming exhibition. Please email sarah@ilkleymanorhouse.org as soon as possible.

PPS. The latest u3a national podcast can be heard [on this link](#). This has some interesting content about u3a day planning, and how one u3a got over half of its groups meeting regularly via Zoom.