

u3a news flash

Raising the profile of u3a

Our Compiling Crosswords group have provided a grid and two sets of clues to be displayed on the website during August. The clues and grid will be shared with local Facebook groups and other media as a way of encouraging non-members to visit the u3a website to obtain the answers!

Why not test your own crossword skills? [Select here for a copy of the grid](#) which you can print out. It has both standard and cryptic clues. To check your answers, [select here](#) to see the grid on the website. Click on the grid to reveal the answers.. No cheating!

If you enjoy solving cryptic crosswords and are interested in trying to compile your own, why not join the Compiling Crosswords group? [Select here for more information and to contact the group leader.](#)

Recordings of talks and events on zoom

During Covid restrictions, our u3a held many talks and other events via Zoom and some were recorded. A list of recordings from the Talks Team, the 2020 Summer Programme and several of our groups [is available here under the News tab](#) . You will need to login to access the recordings.

Other items you can find under the News tab include [Quirky humour updates](#) and the [Ilkley History Scrapbook](#) which is updated every month.

More new groups announced

[The Backgammon Group](#) hopes to get going shortly. If you have a backgammon set you no longer use, please consider donating it to the group. So far there are eight interested members but only two boards! If you can help, or want more information about the group, please use this link to email Caroline on legaltypeblue@yahoo.co.uk.

[Circle Dancing](#) is the perfect activity for u3a members. It offers different types of gentle exercise, social contact and the joy of moving to lovely music. As you dance in a circle you come together in a shared experience which creates a feeling of well-being. A beginners' welcome class is due to start in Otley in September. Email [Jan Ellan Bows](#) for further details.

[Art Group meeting in Otley.](#) No formal teaching is envisaged but it will be an opportunity to share ideas and skills in a relaxed setting away from everyday pressures. For further information please email [Lynda Drummond](#).

Why not start up your own group?

If you have a particular hobby or interest, there are bound to be others who share your passion. So, if you have an idea for a group, please email newgroups@ilkleyu3a.org with a few details and someone will be in touch to help you every step of the way.

Dates for your diaries

Select any of the links to book or find out more information.

10 am Tuesday 3rd August: [Immunology for Beginners presented by Anne Jones](#) at Clarke Foley. A really interesting insight into this topic that has dominated our lives for the past 18 months.

3:30 pm Tuesday 3rd August: [A meeting via Zoom for new members](#). An informal chat with a couple of our trustees. A getting to know you albeit via a screen!

10:30 am Friday 6th and 13th August: Drop in at [Ilkley](#) and [Otley](#). A chance to chat with other members and ask questions.

10 am Saturday 21st August: [The regular monthly talks at Clarke Foley are back](#). Select the link for details

11 am Sunday 22nd August. [We are at Grange Park in Burley promoting u3a to the locals](#).

We are also holding a 'Meet the Leaders' event on **Saturday morning 11th September** at Clarke Foley. Details in due course.

Summer Programme updates.

Read a brief report and see images of events over the past month by [selecting this link](#).

Introducing our new audio tour guide system

The new system has been used on various trips organised as part of the Summer Programme. The system is available for any of our u3a groups to use on visits at no charge. Read all about the benefits and how to book for your next trip [on this link](#).

The old system is being offered to other u3a groups so their members can benefit in the years to come.

News from the Third Age Trust

The latest national u3a newsletter is available [on this link](#). They have also issued a note about email scams. [Select here to read](#).

Covid guidance

In response to some enquiries from our members, the Trustees wish to reassure everyone that any Ilkley & District u3a event is run in accordance with Government advice coupled with guidance provided by the Third Age Trust. You can read [the TAT advice on this link](#). And obviously anything can change!

News from the Ilkley Civic Society

Members of u3a are invited to a guided walk in the local cemetery on Sunday 8th August. For further details [select here](#).

Some one-liners from past years at the Edinburgh Fringe.

Surely every car is a people carrier?

I never lie on my CV because it creases it.

My friend said he was going to a fancy-dress party as an Italian island. I told him not to be Sicily.

Regards

John & Christine

[Email NewsFlash@ilkleyu3a.org](mailto:EmailNewsFlash@ilkleyu3a.org)

PS. A reminder, if you haven't yet done so, please renew your subscription for 2021/ 022. [Email Jean Smith](#) if you're unsure how to do this.

If you have changed your email address in the past year, please check with any relevant group leaders that they also have your latest contact details.