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## Laugh, Learn, Live

Mindfulness, Pottery, William Morris, Peacebuilding, what do they have in common? They are all short courses being offered by Ilkley & District u3a members to our members. We are a self-help learning organisation with over 1,800 members, many of whom live in Otley. Our Interest Groups include: Blues Music, Dance, Patchwork and Quilting, Photography, Walking, Bridge.

Time on your hands? Want to meet others who share your interests - or even start a new hobby? New to retirement and looking for options? Discover what's on offer at Ilkley & District u3a by chatting to our members at our Drop-In sessions at Otley



Core or come along to one of our coffee mornings. You will be warmly welcomed. More information can be found on our website at [www.ilkleyu3a.org](http://www.ilkleyu3a.org) or find us on Facebook and Twitter.