

# Images from our u3a Showcase event Saturday 1<sup>st</sup> July

The Management Committee take this opportunity to thank everyone who helped make the event such a success. Early indications are that we had nearly 20 new members join u3a on the day and others promised to join on line via the website. Many of the 50 groups who supported the event were kept busy all morning. We hope all who attended had an enjoyable time.

## u3a showcase event at centre

ILKLEY & District u3a will hold its annual showcase event on Saturday, July 1, at the Clarke Foley Centre in the centre of Ilkley. A spokesperson for the organisation said: "Time to spare after the world of work, or kids have left home but not ready yet to just drift along?"

"Well this u3a showcase may be just what you're looking for. An opportunity to open new horizons through meeting others with similar interests.

"Ilkley & District u3a is perhaps unique as it's a volunteer organisation that provides the opportunity for anyone to share their passion and interest for any number of different topics.

"No wonder nearly 2,000 local residents are members taking advantage of well over 100 different interest groups."

The chair of the local u3a, Jacqui Wellbrook, moved to Osley with husband Lee from Kent where they were both active in the Thanet u3a.

Asked to explain u3a, Jackie said: "It's about lifelong learning, the sharing of new experiences and skills in an enjoyable way."

For those who have never heard of u3a, here is an opportunity to find out more on the morning of Saturday, July 1, when the whole of Clarke Foley is taken over to allow visitors to discover the many groups.

"Examples include railways, discussing the news, disco dancing, walking cricket, visiting historic houses and art appreciation.

"There are also a number of walking groups catering for different levels of fitness."

A typical member of u3a is someone with time on their hands and wanting to meet with like-minded folk to share their interests.

Michelle Watson explains that she took early retirement from nursing after the pandemic and then met Margaret Cartwright through the



The Ilkley & District u3a spinning class

times at a cheaper rate.

Peter Mate, a member of both the

u3a and the tennis club gym,

explains: "Members of u3a enjoy

explored sessions on pilates, myve

Some groups, such as walking or

those that meet in someone's home,

have no additional cost. Others that

hire meeting rooms share the cost

among those attending.





















